1st Quarter 2023

THE VOICE



INSIDE THIS ISSUE:

2
3
4
5
6
6
6
7
8
9
10
11
12
13
14
15
16
17

Calendar:

Board Meetings

ASK Office—160 68th St. SW Grand Rapids, 49548 6:30 p.m.

- January 9, 2023
- February 6, 2023
- March 6, 2023

Art Gala and Auction -2/23/23

Family Events

- Roller Skating and Pizza Party—2/5/23
- Easter Egg Hunt-3/25/23

Grand Rapids Civic Theatre Sensory Friendly Performances

- Elephant and Piggie—1/29/23
- Puffs-3/8/23

Social Groups for Teens and Young Adults

- Trip to Glow Golf—1/19/23
- Bowling and Pizza Party— 2/12/23
- "Puffs" at GR Civic Theatre— 3/8/23

Parent/Caregiver Support Groups

- 1/24/23
- 2/21/23 (Dr. Michael Wolff)
- 3/28/23 (Dr. Anthony Richtsmeier)

Walk for Autism-5/21/23



NEWS FROM ASK

Happy New Year! I hope that your holidays were restful and enjoyable.

We have BIG NEWS to share with you and I am so excited!

First of all, because we have so many talented and wonderful artists in our ASK family, we have decided to hold our first-ever *Art Gala and Auction* in February! This event will take place on Thursday, February 23, and will be so much fun with great food and cocktails, music by our very own musicians, a silent auction, and wonderful art to look at and purchase. Tickets are \$35 per person and includes food and a drink ticket. Dress is business casual. Stay tuned for information on ticket sales, but save the date. You won't want to miss this awesome event that supports the programs and services that ASK provides!

And in even BIGGER NEWS — our 2023 Walk for Autism is heading to LMCU Ballpark!

We are thrilled to have this whole place to ourselves on Sunday, May 21, for fun, games, food, togetherness, and a wonderful celebration of our autism community. Because this event serves as our main fundraiser and pays for over half of all that we do, it's a very important event for us, so please save the date. We are rolling out some cool, new changes and additions to the event that we know you will love. It's going to be awesome! More information is coming soon!

2022 was a wonderful year for ASK. We saw growth of current programs, the launch of a few new programs, lots of old friends, and new participants coming from all over. We love witnessing the personal growth, increased confidence, and lots of happiness that people in our programs display.

As we grow and change and set goals for 2023, our mission remains: Acceptance. Support. Knowledge. Connection. Thank you for being a part of what we do!

Best wishes for healthy and happy 2023!

Pam Liggett ASK Executive Director



ASK Announces 2022 — 2023 Board of Directors

ASK proud to announce its 2022—2023 Board of Directors.

Executive Board:

Richard Elias III, President Doug Domine, Vice-President Mary Kay Anderson, Treasurer Jenny Shumard, Secretary

Directors:

Jennifer Amorose Nancy Cool Lynne Kindy Judi Kuiper Tasha Oltman Renee Walter Page 2 Volume 14, Issue 1

TEEN & YOUNG ADULT SOCIAL GROUP: TRIP TO Glow Golf!

Thursday, January 19, 2023 6:30—8:00 pm

Join us for fun, friendship, GLOW-IN-THE-DARK MINI GOLF AND ARCADE GAMES!

This event is open to anyone ages 12 and up. We ask that a guardian accompany each participant.

We will meet at: Great Lakes Glow Golf, 3494 Plainfield Ave NE, Grand Rapids, MI 49525.

Cost is \$12.75 each golfer, payable to Great Lakes Glow Golf. Please RSVP to Pam at PamLiggettASKC@gmail.com



TEEN & YOUNG ADULT SOCIAL GROUP: Bowling & Pizza Party!

Sunday, February 12, 2023 4:00–6:00 pm Spectrum Lanes*

Join us on Sunday, February 12, for pizza and bowling at Spectrum Lanes!

This event is open to anyone with autism ages 12 and up. We ask that a parent or guardian attend too. Many awesome individuals attend this group each month, and everyone is welcome! (Sorry - no siblings unless the sibling is acting as guardian.)

Like everything else, the cost of bowling has gone up. Cost is \$15 per person. Only participants pay to bowl. REGISTER BELOW:

https://www.autismsupportofkentcounty.org/new-products/2-12-23-teen-young-adult-bowling-party

*5656 Clyde Park Avenue Southwest, Wyoming, MI 49509 Phone: (616) 530-2400

TEEN & YOUNG ADULT SOCIAL GROUP: Trip to the Grand Rapids Civic Theatre to see "Puffs"

Wednesday, March 8, 2023 6:00–7:30 pm



ASK is proud to be a sponsor of this Low-Sensory Performance at the Grand Rapids Civic Theatre, so we thought we would bring the Social Group! More show information coming soon, so watch for emails and Facebook notifications.

This production is fun and is suitable for all ages! Ticket prices are discounted, capacity is reduced, and changes have been made to the script to make this performance comfortable for those with sensory sensitivities.

REGISTRATION INFORMATION COMING SOON! (We will buy tickets and sit together as a group.)

Page 3 Volume 14, Issue 1

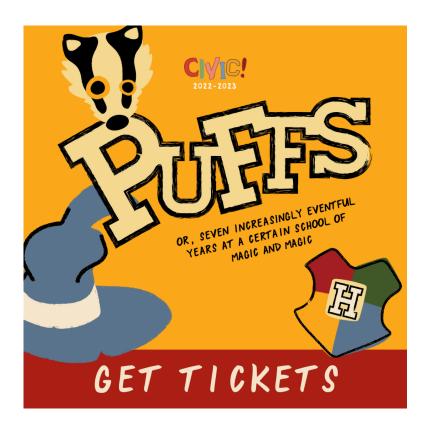


Get ready for a hilarious musical experience, ripped from the pages of Mo Willems' beloved, award-winning, bestselling children's books! *Elephant and Piggie's We are in a Play* will leave audiences doing the "Flippy Floppy Floory" dance all night long!

ASK is proud to be a sponsor of this Low-Sensory Performance at the Grand Rapids Civic Theatre. (Save the date for "Puffs" on March 8, 2023, too!)

This production is fun and is suitable for all ages! This event is open to anyone with autism and their family. Ticket prices are discounted, capacity is reduced, and changes have been made to the script to make this performance comfortable for those with sensory sensitivities.

For tickets, please call the GR Civic Theatre Box Office at 616-222-6650.



Low-Sensory Performance of "Puffs" Grand Rapids Civic Theatre Wednesday, March 8, 2023 6:00 — 7:30 PM

ASK is proud to be a sponsor of this Low-Sensory Performance at the Grand Rapids Civic Theatre. (More show information coming soon.)

This production is fun and is suitable for all ages!

This event is open to anyone with autism and their family.

Ticket prices are discounted, capacity is reduced, and changes have been made to the script to make this performance comfortable for those with sensory sensitivities.

For tickets, please call the GR Civic Theatre Box Office at 616-222-6650.

Page 4 Volume 14, Issue 1



Visit our website to view and/or download the ASK Community Resource Directory: www.autismsupportofkentcounty.org



Page 5 Volume 14, Issue 1





Heart of West Michigan United Way investors can choose to designate all or part of their annual contributions to Autism Support of Kent County.

To designate your gift to ASK, use the United Way Designation Form and write: Autism Support of Kent County, Grand Rapids, Michigan. Thank you!

Page 6 Volume 14, Issue 1





FULL SPECTRUM PLAYERS THEATER GROUP NEWS!

This group is open to anyone ages 12 and up. Everyone gets a part, and we encourage everyone to join us! It's so much fun and a great way to make friends.

Improv/Try-It Nights are Tuesdays, January 10, January 17, and January 24, from 6:30—8:00 pm.

Parts will be chosen and formal rehearsals will begin on Tuesday, January 31. Rehearsals take place on Tuesday evenings at the Special Olympics Center Auditorium every Tuesday from 6:30—8:00 pm. Cost to participate in the Theater Group is \$25 and scholarships are available.

The Center is located at 160—68th Street SW, Grand Rapids. It's an old school building and is between US131 and Division Avenue. Park in the EAST lot and enter under the triangle roof. Someone will direct you from there.

Please email me with any questions: PamLiggettASKC@gmail.com



Page 7 Volume 14, Issue 1

Parent/Caregiver Support Group

Tuesday, January 24, 2023 7:00–8:30 pm

Please join us at the first Support Group of 2023.

Join other parents, families, caregivers, and professionals to network, share ideas, and get support for all things relating to having an autistic family member.

We will meet in our office at the new Special Olympics Center. The Center is located at 160 - 68th Street SW, Grand Rapids, between US131 and Division Avenue. Park in the EAST lot, enter under the triangle roof, and head down the main hallway to our office, room #4.

We do not offer childcare, as our insurance policy doesn't provide coverage for that, but you are welcome to bring children if they can avoid being too disruptive.

Please RSVP to Pam at PamLiggettASKC@gmail.com



Parent/Caregiver Support Group Dr. Michael Wolff Tuesday, February 21, 2023 7:00—8:30 pm

Please join us for a wonderful and informative presentation by Dr. Michael Wolff from BRAINS.

Dr. Wolff is one of the most knowledgeable, well-respected, and kindest practitioners in West Michigan and will be happy to answer questions.

Join other parents, families, caregivers, and professionals to network, share ideas, and get support for all things relating to having an autistic family member.

We will meet in our office at the new Special Olympics Center. The Center is located at 160 - 68th Street SW, Grand Rapids, between US131 and Division Avenue. Park in the EAST lot, enter under the triangle roof, and head down the main hallway to our office, room #4.

We do not offer childcare, as our insurance policy doesn't provide coverage for that, but you are welcome to bring children if they can avoid being too disruptive. Please RSVP to Pam at PamLiggettASKC@gmail.com



Parent/Caregiver Support Group DR. ANTHONY RICHTSMEIER

Tuesday, March 28, 2023 7:00—8:30 pm

To know Dr. Tony is to love him. As one of the founders of the Helen DeVos Children's Hospital's Autism Clinic, Dr. Tony knows as much about autism as anyone. He is happy to take questions, offer advice, problem-solve, and talk about the best things to do for your person with autism at each stage of life.

Join other parents, families, caregivers, and professionals to network, share ideas, and get support for all things relating to having an autistic family member.

We will meet in our office at the new Special Olympics Center. The Center is located at 160-68th

Street SW, Grand Rapids, between US131 and Division Avenue. Park in the EAST lot, enter under the triangle roof, and head down the main hallway to our office, room #4.

We do not offer childcare, as our insurance policy doesn't provide coverage for that, but you are welcome to bring children if they can avoid being too disruptive.

Please RSVP to Pam at: PamLiggettASKC@gmail.com

FEEL FREE TO EMAIL OUESTIONS AHEAD OF TIME.

Page 8 Volume 14, Issue 1













Thanks so much to Ms. Laura, our Director,
Ms. Christine, Ms. Madeline, and Ms. Holly, our
Assistant Directors, our wonderful mentors Katie,
Anna, and Morgan, and to Ms. Lynn and Ms. Brenda,
for their behind-the-scenes help.





STAY TUNED TO ASK EMAILS AND OUR FACEBOOK PAGE FOR INFORMATION ABOUT THE WINTER 2023 SESSION OF THE THEATER GROUP!



















Page 9 Volume 14, Issue 1

Conferences, Workshops, and Webinars

Michigan Alliance for Families On-Demand Free Webinar Series

A webinar is an online presentation you can attend without having to leave your home or office. It's an opportunity to hear an expert speak for about an hour on a topic that interests you. These webinars can be viewed at any time on the Michigan Alliance for Families YouTube Channel:

https://www.youtube.com/user/MichiganAlliance/videos

Online Learning Opportunities

https://www.michiganallianceforfamilies.org/upcoming-events/

Autism Alliance of Michigan List of Virtual and In-Person Community Events:

https://autismallianceofmichigan.org/events/

22nd Annual START Conference

May 1, 2023 8:30 am - 3:30 pm Kellogg Hotel & Conference Center 219 S Harrison Rd, East Lansing, MI 48824 Focus: Inclusion

https://www.gvsu.edu/autismcenter/start-conference-167.htm#registration

(MAC) Annual Michigan Autism Conference

October 12-13, 2023

This conference is geared to parents, educators, mental health professionals, and practitioners working with individuals with autism.

https://michiganautismconference.org/

Autism Support of Kent County (ASK) is on Facebook, so visit our page for updates on our programs and events. Don't forget to "like" our page to stay up to date on what's happening. Click here to visit us on Facebook.





On November 29, ASK hosted a **Legal and Financial Planning Workshop for Individuals with Autism** with Attorney Sarah Kirkpatrick and Financial Advisor Kevin Gardenier. A video of the presentation is available on the ASK Facebook page. You can view it here:

https://www.facebook.com/295631512467/videos/813 874869844995

COVID-19 POLICIES

- We ask all in attendance to selfscreen before deciding to attend.
 Please do not attend if you are experiencing any symptoms of COVID-19 or have recently been exposed to COVID.
- You will attend our events and programs at your own risk. All programs and services will be conducted in accordance with local restrictions and guidelines in effect at time of program.
- Please call Pam Liggett at 616-752-8577 with any questions or concerns.



Page 10 Volume 14, Issue 1

SOCIAL GROUPS

We currently offer three **Social Group Programs**. Email Pam, ASK Executive Director, at <u>PamLigget-tASKC@gmail.com</u> for more information on any of our groups. Pam can be reached by voice or text at 616-649-2665.

TEEN & YOUNG ADULT SOCIAL GROUP

This group is run by Pam Liggett, ASK Executive Director. This group meets either monthly or twice each month for fun and friendship. It's open to anyone ages 12 and up.

Events are publicized on the EVENTS page, in our email blasts, and on Facebook. A guardian must accompany each individual to the events.

YOUNG ADULT SOCIAL GROUP-PUZZLE PARTNERS

This is a closed group that is ONLY for individuals with Level I autism and social challenges. Individuals must be at least age 18 to participate.

This group is run by Jennie Miller, ASK Social Programs Manager. Contact Jennie at PuzzlePartner-SYA@gmail.com. This group meets 3 times each month for fun, friendship and support. To participate in this group, you must be verbal and able to communicate back and forth 3-4 times, be free from behaviors, and would be able to attend on your own.

To be eligible to join, you must have a short phone call with the Group Leader, Jennie. Events are only publicized by an email from Jennie.

AUTISTIC ADULT MEET UP GROUP

This is a closed group that is ONLY for individuals with Level I autism and social challenges. This is a group for anyone with diagnosed or suspected autism who is over age 30.

This group is run by Ann Mary Dykstra, longtime ASK volunteer and group leader. Contact Ann Mary at PuzzlePartners@gmail.com.

To be eligible to join, you must have a short phone call with the Group Leader, Ann Mary. This group meets monthly for fun, friendship and support.

Events are publicized through emails from Ann Mary only.

ELEMENTARY AGE SOCIAL GROUP

Coming soon! Stay tuned. We are working hard to make this happen!



Are you an <u>adult with autism</u> over age 30, or do you know someone who fits that description?

If so, join us for support, resourcesharing, understanding, and friendship.

If you are interested, please contact Pam: PamLiggettASKC@gmail.com or by phone/text to 616-822-0944.

Are you interested in a Social Group for Elementary-Age Kiddos?

We are gathering interest regarding the start of a Social Group for kids with autism who are in elementary school.

Dates and times TBD.

If you are interested, please contact Pam: PamLiggettASKC@gmail.com or by phone/text to 616-822-0944.

Page 11 Volume 14, Issue 1











CLUBHOUSE SOCIAL PROGRAM

Halloween Party Hearts for the Arts Studio "This Ability" Art Market Holiday Party





















Remember ASK in Your Estate Plan

We often receive gifts in memory of an individual who has been touched by autism. Thank you to these special families who think of ASK at such a sad time.

Please remember ASK in your estate plans, too. These gifts are treated with the utmost care and respect. Contact us for more information on how you can include ASK in your charitable giving plans at 616-752-8577.

Page 12 Volume 14, Issue 1

Thanks to these organizations for donating to us this year! We are so thankful for your partnership, which allows us to continue the work we do!

The wonderful people at the JW Marriott Grand Rapids are always thinking of us, and we so greatly appreciate it! We were the charity recipient for the Halloween event and are thrilled to accept this big check. Special thanks to Andre, Becky, and TJ for making the event such a success!





We are so grateful to Pucks for Autism for the BIG check that will go towards our social programs! Thank you Shawn, Walker, and Henry! We appreciate your support!

Mr. Mike McArdle puts on a beautiful holiday light show display in Comstock Park that is FREE to visit — but all donations go to ASK! The show is located near 4 Mile Rd and West River Drive (311 Dana St NW, Comstock Park). Thanks so much Mr. Mike for your generosity!!





Thanks so much to Jason Douglas of Gallagher Insurance/Risk Management/Consulting for facilitating an \$800+ donation to ASK from its October Employee Giving Program!

The employees at the Lowell Meijer voted for us to receive funds from the Meijer Gives program! We are overjoyed and so grateful! Thank you, Meijer!



Page 13 Volume 14, Issue 1







TEEN/YOUNG ADULT SOCIAL GROUP

Halloween Party Holiday Party









Autism Support of Kent County (ASK) in Grand Rapids, Michigan, is a non-profit 501(c)(3) organization of parents, school staff, and others who actively seek to support and advocate for persons with Autism Spectrum Disorder (ASD) and their families.

ASK is committed to partnering with local schools and agencies to promote the welfare of individuals with ASD in our community.

Please note that ASK does not endorse any specific therapy, product, treatment, strategy, opinion, service, or individual.

Disclaimers

Articles, conferences, workshops, presenters or information contained in this newsletter or at meetings are not endorsed by Autism Support of Kent County.

Articles occasionally offer information about medical/pharmacological research, treatment and therapies or legal issues. This information is given for informational purposes and is not intended to act as a substitute for professional advice. Readers are encouraged to consult with their own practitioners for individual or specific advice.





Page 14 Volume 14, Issue 1























Page 15 Volume 14, Issue 1



Page 16 Volume 14, Issue 1

In addition to the generous sponsors of our **Walk for Autism, Golf Outing, and Theater Group,** many loyal supporters give to us each and every year. Thank you for your gifts in 2022 which allow us to continue the important work that we do!

Richard and Rose Admiral In Memory of

Robert Hoffman

American Legion Post - Comstock Park

AMVETS Ladies Auxiliary

Amway

Mary Kay Anderson

Bill Anderson

Anderson Corporation Larry and Celia Andrus

Briyanna Armour

Arthur J. Gallagher Foundation/

Gallagher Employees

Sharon Attar

Dan and Marne Baker

Elyse Bradford BRAINS Foundation Amber Campbell Choice One Bank Patrick Clay Toni Clay Eli Colyn

Lisa Colyn Joanne Colyn Jock Crane

Lindsey Dabrowski Martha Damstra Dennis Darmody Dale Day

Maggie DeBoer Marianne Diachenko Bront Domino

Brent Domine Doug Domine Robert Easley

Dr. Richard and Amy Elias

Sam Elias

Laura Finelli

Russell Elias Dick and Joan Elias Gerard Farage

Dan and Sandi Folkertsma

Dan Fornatto

Michael Garbaty

Kevin Gardenier
Brian and Lisa Gardner
Nickolas Georgiopoulos

Nickolas Georgiopoulos Michael Golczynski Dianne Golczynski Ryan Golczynski

Tim Gray Gun Lake Casino Laura Hall Steven Hall

Scott and Madeline Hamlin

Hearts for the Arts

Shelly Herrera

Dana Hiemstra Randall Hoekstra Wendy Honey

House of Wine

Criag and Mary Hunt In Memory of Holli

Dever

Roberta Jacobson Richard Jones JW Marriott David Kagan Nicky Kearney George Kerr Lynne Kindy Julianne Klumpp Steve Koskuc Mary Krell Kurt Kruse Tom Lantz

Michael Ley
Jeff and Pam Liggett
Magna Corporation
Arianne Mankey
Lawrence Marcotte
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Marnie Masterson
Marjorie May
Michael McArdle
Katie McCormick

Jacob and Jennie Miller Mitten Brewing Vicky Monterusso Kimberly Olson

Orchard View Elementary - Forest Hills

Larry Peters

Bruce and Becky Pienton

Cindy Pitcher Laurel Pope Susan Potter William Prue

Dr. Anthony and Jane Richtsmeier

Micaela Richtsmeier

Bryan Ritch -- In Honor of Patrick Stanley

Bell Sara Robinson

Nancy Roth
Alicia Ruiz
Anthony Russell
Rachael Schwartz
Mary Shapton
Justin Shounia

Jim Siegel Linda K. Siler

Mitch and Belinda Stapley

Judy Stine Kevin Swanson Total Quality Logistics

Ryan Tubbs Sarah Tyler Renee Veltema Peter VerLee Phillip VerLee Thomas VerLee Jayne VerLee Kerrie VerLee Charles Vidro Renee Walter Michael Warners Jamie Wilev Tom Williams **Brent Willman Grant Wilson** Lindsey Wilson

Witte Family/Lisa's Quality Rags

Anna Worbois Susie Yoon Bruce Young Macoy Zukowski



When you shop at AmazonSmile and designate Autism Support of Kent County as your charity, Amazon will donate 0.5% of your purchase to ASK. For more information, and to add ASK as your charity of choice, visit:

http://smile.amazon.com
Thank you and happy shopping!

Volume 14, Issue 1 Page 17

THANK YOU TO OUR GENEROUS **2022 WALK FOR AUTISM SPONSORS**

Event Sponsor



Gold Sponsors





















Silver Sponsors











Bronze Sponsors























Olympics

THANK YOU TO OUR GENEROUS **2022 GOLF FOR AWARENESS SPONSORS**

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J SPENCER BARNES MEMORIAL FOUNDATION

TOM AND MICKIE FOX FAMILY FOUNDATION





Silver Sponsors





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Bronze Sponsors











Tee Sign Sponsors





Spectrum Benefits, LLC Employee Benefit Plans







AUTISM SUPPORT OF KENT COUNTY 2022 ANNUAL REPORT



WE REMAIN THE MOST ACTIVE AUTISM ORGANIZATION IN THE STATE! Our focus is on making life better and more productive for people with autism by sharing resources, being here for families, offering social programs, providing opportunities for connection, and by giving people with autism the chance to grow, learn, make friends, and become the best they can be.

2022 WAS FILLED WITH SO MUCH TIME TOGETHER!

Clubhouse Gatherings Young Adult Level 1 Group Events Teen and Young Adult Social Group Events Family Events Support Groups

Our Services

Hiking Group Outlings
Gatherings of the New Autistic Adult Meetup Group
Gatherings of the Full Spectrum Players Theater Group
Sensory Friendly Performance at the Grand Rapids Civic
Theatre

AWARENESS. SUPPORT. KNOWLEDGE. CONNECTION.



WHAT PEOPLE SAY ABOUT THE WORK THAT WE ARE DOING:

FROM A PARENT: "The friends my son has made at Clubhouse has given him a kind of confidence he needed to begin to express himself. He has been opening up to me so much more as well, such a joy to see. I can't thank you enough for inviting him into this group. It gives him a safe place to learn, connect, and blossom. He hasn't had any friends since 8th grade, so this just made my whole year!!!!"

FROM A GRANDPARENT: "Most individuals on the autism spectrum struggle socially. They tend toward isolation and seem lost in their own little worlds. Our grandson is no exception. We are extremely grateful for the opportunities and events that ASK has made available to him. He participates willingly in social events and has even formed a few friendships; something that has proven difficult for him over the years. The ASK Theater Group in particular has been a godsend. We have seen him come out of his shell and perform (in public) with great enthusiasm. ASK has become one of the Land personn in public, with great enthusiasm. ASK has become one of the charities we regularly support and would encourage any additional support that can be made available."

FROM A YOUNG ADULT PROGRAM PARTICIPANT: "Puzzle Partners young adult group has been very important to my social life and well-being. I have had the opportunity to have new experiences and make new friends. The positive impact Puzzle Partners has made on my life is incredible, and I am lucky to be a part of it."

FROM A PARENT: "ASK leadership, staff, and volunteers continually strive to improve and expand inclusive programs. Their heart for our special community is immeasurable, their work is excellent and we could not be more appreciative."

FROM A YOUNG ADULT PROGRAM PARTICIPANT: "ASK has given me a tremendous sense of belonging, thanks to the meetings and events I have had the privilege of attending. Since I became a member, I've become so accepting of how my autism is a part of me, no matter how much society has told me to suppress it."

FROM A YOUNG ADULT PROGRAM PARTICIPANT: "I have a good life but Autism Support of Kent County has given me something that has made it even better. Friends. Friends like me. I am incredibly grateful for these friends and ASK."

FROM A YOUNG ADULT PROGRAM PARTICIPANT: "The people at Theater Group appreciate me as I am and accept me as part of their family.

FROM A YOUNG ADULT PROGRAM PARTICIPANT: "ASK is my second home. I am loved and listened to and my identity is respected. I am thinking of trying to get a job and a driver's license now, too,"

FROM A YOUNG ADULT PROGRAM PARTICIPANT: "People listen to you at ASK and care about the things you care about. We have fun here, and I have friends for the first time."